

**PLAYER HONORS FOR CURRENT CMVBC MEMBERS  
FROM THE 2009 HIGH SCHOOL SEASON**

***ALL-STATE***

**1st Team**

**2nd Team**

**Kelsey Toebben (18-1)**

**Honorable Mention**

***ALL-REGION***

**1st Team**

**Kelsey Toebben (18-1)  
Nici Thaler (16-1)**

**2nd Team**

**Megan Distler (18-1)  
Melissa Hoerber (16-1)**

**Honorable Mention**

**Natasha Kremer (18-1)  
Kayla Heidbrink (17-1)  
Shelley Helmig (16-1)**

***ALL-DISTRICT***

**1st Team**

**Kelsey Toebben (18-1)  
Kayla Heidbrink (17-1)  
Melissa Hoerber (16-1)**

**2nd Team**

**Megan Distler (18-1)  
Natasha Kremer (18-1)  
Nici Thaler (16-1)  
Shelley Helmig (16-1)**

***ALL-CONFERENCE***

**1st Team**

**Natasha Kremer (18-1)  
Kayla Heidbrink (17-1)  
Melissa Hoerber (16-1)**

**2nd Team**

**Shelley Helmig (16-1)**

**Honorable Mention**

**Kara Forck (17-1)**

**AVCA Top 100 Under Armour Girls High School All-America Team included *Kelsey Toebben*, Honorable Mention**