

OPEN GYM

As Adopted by HOA Board August 12, 2007

Several club have started organizing open gyms in the period between the completion of school competition and tryouts. To make sure that clubs are covered by insurance when running those open gyms, the following guidelines will need to be observed.

Sanctioning Open Gyms.

HOA will sanction Open Gyms, under the condition that they are run under here outlined guidelines. HOA can provide insurance for those sanctioned Open Gyms. Clubs intending to run Open Gyms will have to submit all information to the HOA office, at least one (1) week in advance. Open Gyms are not sanctioned unless posted on the HOA website.

To obtain sanctioning and insurance, all participants needs to be covered under the HOA league insurance at a cost of \$2.00 per person. Use the form below to register all participants and submit the forms and fees to HOA, immediately following the Open Gym.

Coaches and Directors:

All coaches and club Directors need to be registered, their background screened (if needed) and approved prior to participating in open gym or tryouts (latest date for submission for October 31 completion is October 20).

Open Gym Policies:

Open Gyms are allowed so players, after their school season is over, can retain their volleyball skills for HOA tryouts. Here are approved additions to the current HOA Recruiting policy for Open Gyms:

1. No offers may be extended or accepted on the day of an Open Gym.
2. Coaches shall be facilitators, only. There shall be no individual or group instruction.
3. Players attending Open Gym shall be afforded similar playing time.
4. Players are not to be divided into skill levels, only into general age groups.
5. Parents should be allowed to watch, unless space prevents.
6. The maximum fee charged players shall be \$5.00 and shall include the cost of insurance (\$2).

Violations shall be punished. Clubs may not be allowed to run open gyms in the near future, or, can be banned from competition.

Form:

Use the form below to register all participants. Mail the forms and insurance fees to HOA immediately following the Open Gym.



Heart of America - USAV 2009-10 Open Gym Registration Form

Name										
Please Print		First		MI		Last		Nickname		
Street Address						Birth Date				
City				Grade						
State		Zip		Zip 4		Cultural Diversity (Circle)	American Indian or Alaskan	Asian		
E-mail Address							Black, not of Hispanic Origin	Hispanic or Latino		
Primary Phone							Mixed Race	Native Hawaiian or		
Alter. Phone							White, not of Hispanic Origin	Other Pacific Islander		
Gender (Circle)				Female	Male	Member Type	Adult	Junior		
				ADA Disability		Yes	No	Hearing Impaired	Yes	No
				Release Address to 3rd Parties		Yes	No			

HOA Open Gym Policies:

1. No offers may be extended or accepted on the day of an Open Gym.
2. Coaches shall be facilitators, only. There shall be no individual or group instruction. Coaches may set up drills or controlled scrimmage situations.
3. Players attending Open Gym shall be afforded similar playing time.
4. Players are not to be divided into skill levels, only into general age groups.
5. Parents should be allowed to watch, unless space prevents.
6. The maximum fee charged players shall be \$5.00 and shall include the cost of insurance (\$2).

I hereby agree to be filmed, videotaped and photographed, and to have my name, image, picture, likeness, voice and biographical information otherwise recorded, in any media, during USA Volleyball and/or HOA sanctioned events, by USAV/HOA authorized representative, under the conditions specified by USAV/HOA (the "Footage").

I hereby grant USAV/HOA, with no financial or other compensation due to me, full right and license to use, and to authorize third parties to use, in all media, the Footage for: (1) news and information purposes, (2) promotion of the specific competition(s) in which I compete, (3) promotion of the Sport, and (4) promotion of USAV/HOA, provided that, in no event may the USAV/HOA use or authorize the commercial use of the Footage in any manner that would imply my endorsement of any company, product, or service, without my written permission.,

The information I am providing is true and accurate to the best of my knowledge and I understand that false information is grounds for denial of membership

Printed Name

Participant's Signature

Date Signed

Printed Name

Parent's/Guardian Signature

Date Signed

USA Volleyball/HOA PARTICIPANT CODE OF CONDUCT

THE FOLLOWING ACTIONS ARE PROHIBITED

- 1) Violation of any anti-doping policies, protocols or procedures as defined by the international Olympic Committee (IOC), World Anti-Doping Agency (WADA), Federation International de Volleyball (FIVB), US Anti-Doping Agency (USADA) or the United States Olympic Committee (USOC). Violations of this provision will be adjudicated only by USADA or the proper anti-doping authority, not USA Volleyball (USAV)
- 2) Possession, consumption or distribution of alcohol and / or tobacco if illegal or in violation of USAV or HOA policy.
- 3) USAV policy prohibits the possession, consumption or distribution of alcohol and/or tobacco by anyone registered as a Junior Olympic Volleyball Player at the event venue of any USAV sanctioned junior event.
- 4) Use of a recognized identification card by anyone other than the individual described on the card.
- 5) Physical damage to a facility or theft of items from a room, dormitory, residence or other person. (Restitution will be a part of any penalty imposed.)
- 6) Possession of fireworks, ammunition, firearms or other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons at USAV sanctioned events.
- 7) Any action considered to be an offense under Federal, State or local law ordinances.
- 8) Violation of the specific policies, regulations, and/or procedures of HOA, USAV or the facility used in conjunction with a sanctioned event. (It is the responsibility of the individual to be familiar with applicable specific policies, regulations, and procedures).
- 9) Conduct which is inappropriate as determined by comparison to normally accepted behavior.
- 10) Physical or verbal intimidation of any individual.
- 11) Actions that will be detrimental to USAV or HOA